

Premier School of Dance Presents:



Adult Ballet

with Ms. Mary



THURSDAYS 7:30-8:30PM!

IT IS NEVER TOO LATE TO START!

A beginner-intermediate adult class to get you movin' n groovin'.

Tuition is \$50 a month for this 1 hour class.

Dress code is comfortable athletic clothing with ballet shoes!

This class is designed to combine stretching with strengthening exercises to improve body tone and providing students greater flexibility. The wonderful thing about Ballet is it makes you think about how you use your body. This class is challenging but it is so much fun that the hard work is worth it!

Call now to reserve your spot today!

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